

The Spire

June 2018 www.spcch.org



Southminster
PRESBYTERIAN CHURCH

Worship at Southminster

Join us for Sunday Summer Worship at 10:00 a.m. followed by Adult Discipleship at 11:10

June 17

Reverend Tim Jones, Executive Director of Good News Partners
Traditional Worship Service

June 24

Reverend David Carlton
Contemporary Worship Service

July 1

Reverend LaDonna Sanders Nikosi, Convening Pastor The Gathering Chicago
Traditional Worship Service

July 8

Reverend Susan Peterson
Traditional Worship Service

July 15

Reverend Elizabeth Nickerson
Contemporary Worship Service





Dear Family of Faith of Southminster,

I want to say again what a very great pleasure it has been to serve with all of you over the last two years. You welcomed me into your church and your hearts, and we have followed the Lord's leading through this time. As my season as your interim pastor comes to a close, I feel that I have left Southminster stronger than when I first joined you. You have a vision for the future and a plan to get there. You have weathered staffing changes and now wait eagerly for the results of the Pastor Nominating Committee. And, as I will repeat again in my last sermon, don't take your foot off the gas, but charge forward in faith into the future that God has for you.

But what will the immediate future look like? I know many of you have wondered this. The Personnel Ministry Team has been working hard to prepare for the coming transition, as I leave the full-time interim pastor role to take up the Directorship of the Samaritan Counseling Center in Winnetka. At this time, they are in the process of interviewing candidates to fill this role with the Chicago Presbytery. A back-up plan has been put in place, should it take some time to finalize arrangements with this individual.

I am looking forward to sharing my final Sunday with you on June 24 in worship with a reception following the service. Over the next few weeks, you will be blessed with a variety of gifted guest preachers in addition to Pastor Liz. A list of the upcoming preachers appears on the front page of this *Spire* issue. I will continue to identify additional guest preachers for the remainder of July in case a transitional pastor is not in place by the time I depart.

Additionally, we received word from Jim Peterson this week that he is stepping down from his role as pianist for the Contemporary Worship Service. It continues to be a time of change here at Southminster! I want to thank Jim for the ways he has blessed the congregation through music over the last few years. I'm especially grateful for the way that he stepped into the role of Temporary Contemporary Worship Director when Karlynn left in 2016 until the time that Sue Thomson was hired as our current Director of Contemporary Worship. Jim and Susan plan to remain active members of Southminster moving forward. We give thanks for all the gifts that Jim has given us and look forward to new ways of serving together in the time ahead.

May you have a blessed remainder of June, I look forward to being in touch with many of you and staying in touch as we move forward. And, as always, I'll see you in Church!

In Christ,
Pastor Carlton

Welcome Guest Preacher Tim Jones, June 17



We are happy to have Tim Jones returning to speak at Southminster on Sunday, June 17. If you aren't familiar with Mr. Jones or you haven't heard him speak before, the following is a little background on the organization he's involved with in Chicago and how his influence affects people here and across the country.

Reverend Tim Jones is one of the leading thought leaders in the country. Providing influence and perspective on topics such as leadership, organizational health, and team building. He currently keynotes, hosts, and facilitates discussions throughout the city of Chicago and the nation. Born into a heritage of community leaders on the south side of Chicago, Tim also provides leadership addressing the social issues plaguing the city of Chicago and Urban America in areas of Economic Development, Public Safety/Violence, and Education Equality.

Tim holds a Masters of Business Administration from the Kellogg School of Management at Northwestern University and received a Bachelor of Science degree in Human Resource Management from Northern Illinois University. He is currently the Executive Director of Good News Partners, a housing continuum for the homeless in Chicago, with over 500 residents. Tim is leading the agency in several new initiatives that will improve the quality of our housing options and our impact on homeless and low-income families. Tim created and lives by the powerful mantra: "Leave No Potential On The Table."



A Time for Everything

1 There is a time for everything, and a season for every activity under the heavens: 2 a time to be born and a time to die, a time to plant and a time to uproot, 3 a time to kill and a time to heal, a time to tear down and a time to build, 4 a time to weep and a time to laugh, a time to mourn and a time to dance, 5 a time to scatter stones and a time to gather them, a time to embrace and a time to refrain from embracing, 6 a time to search and a time to give up, a time to keep and a time to throw away, 7 a time to tear and a time to mend, a time to be silent and a time to speak, 8 a time to love and a time to hate, a time for war and a time for peace. ~Ecclesiastes 3:1-8

As we enter June, we celebrate the ministry of Interim Pastor David Carlton and say goodbye with a reception on June 24 following service. It has been a privilege for me to serve alongside Pastor David.

This is a time to reflect on fond memories as well as a time when we may feel trepidation about this transition ahead, but we remember that indeed there is a season for everything. While this is a time for reflection and farewells, it is also a time for being open to the new season that God has in store for Southminster. God is faithful and will guide this church into a meaningful new season, with a new called senior pastor.

It is a time for each of us to renew our commitment to the church's mission to connect, grow, and serve in the name of Christ. It is a time of wonderful opportunities and growth for our church: we have three new camps for children and families, from Grandparents camp to Hamilton and Moana musical theater camps; we will receive new members in July and perform several baptisms this summer; and we have a new Children's Director Jill Schiltz who begins her position on July 1.

God is indeed building our church and calling us to be a part of it. May the peace of Christ be with you!

Elizabeth (Liz) Nickerson
Associate Pastor



Welcome Guest Preacher LaDonna Sanders Nikosi, July 1



We are excited to welcome LaDonna Sanders Nikosi back to Southminster this summer. Her last visit with us was in 2016. If you aren't familiar with Mrs. Nikosi, the following is a little background on her.

Rev. LaDonna Sanders Nikosi is convening pastor for The Gathering Chicago, a new prayer and local/global service community forming in Chicago. She is founder and president of Ubuntu Global Village Foundation International, which builds relationships and partnerships between churches in the U.S. and South Africa through prayer and service for the healing of the nations. Rev. LaDonna is also contributing writer for the Christian Century and for McCormick Theological Seminary publications.

LaDonna holds a Master of Divinity degree from McCormick Theological Seminary, an M.A. in African American Studies and Women's Studies from DePaul University, and a Bachelor of Journalism degree from the University of Missouri - Columbia. She is a Doctor of Ministry student at McCormick Theological Seminary.



Dear Friends,

After waiting patiently for spring to arrive, summer came instead, and June has plenty in store for our Youth and Children! This will be my last month shepherding the children's program as we navigate our way through the strategic planning process and restructuring of the Children's Director position. We are so pleased that Jill Schiltz will be taking over these duties in July. That means I can focus on the Youth Program here at SPC.

June is all about mission for our Youth! Sundays in the Loft will be spent learning about our Compassion Child, Carline from Haiti, whom we sponsored as a group. We will also write letters to her and learn about poverty and daily life in Haiti. Our annual car wash fundraiser on June 3 was another big event for our summer mission trip. Thank you to everyone who brought your dirty car and made a donation to our Youth! We really do appreciate your support, which goes toward our high school mission trip to Chicago, June 21 - 23. Our trip will focus on working with Good News Partners as we do some cleanup work at the Jonquil Hotel and have a *Welcome to Summer Fun Fair* for the children at a local shelter who will just be finishing school



that week. We will also be visiting Fourth Presbyterian Church for a Taize service and Labyrinth walk and staying at Edgewater Presbyterian Church. Please pray for us as we travel to the city and for those we will be helping in Rogers Park. There are so many who need these prayers, and we will be experiencing many new perspectives as we work with them. Both of my children, as well as most everyone I have gone on mission trips with, will tell you that these are incredibly meaningful and life changing events.

In Christ,
Kari

Congratulations to our Graduates!

Trevor North – Buffalo Grove High School

Sophie Speedy – Prospect High School

Nicole Von Oesen – Rolling Meadows High School

Anna Nokes – Liberty University, Bachelors of Science, Social Work

Elizabeth Vasilagambros – Butler University

Sage Sherfey Youngstedt – Olivet Nazarene, Master's in Arts and Education

Nabasi Valentine – Carribbean Medical University, Doctor of Medicine

Alice Baumgartner – Yale University, Ph.D. History



Children and Youth



Kari Sealund · Youth Director and Children's Coordinator

Jesus Christ Superstar



In May, a group of SPC youth and adults traveled to the Lyric Opera House in Chicago to see a performance of *Jesus Christ Superstar* live on stage.

What a powerful and awesome experience!

Car Wash 2018

June 3 was a beautiful, sunny day and a fantastic day to get a car wash! Thank you to everyone who participated in our Annual Youth Car Wash, which raises money for our SPC Youth programs. Money raised will help support this year's Youth Mission Trip to Chicago on the weekend of June 22.

Your generous contributions help our Youth not only to learn about the love of Jesus Christ but also an opportunity to spread that love to others!



Back by Popular Demand!

chair yoga

Yoga for Everybody

Our chair yoga class continues! Join us in the Chapel every Monday morning from 10:00 – 11:00 a.m.

Explore the benefits of gentle stretching and strengthening right from your chair.
No experience necessary. Just wear comfortable clothes and shoes and you're ready to go.
A \$10 donation per class is welcomed, half of which will be donated to local mission work.

Let yoga instructor Kathy Gudonis know you're going at 847.287.8518 or email kagudonis@gmail.com.



Once again, **August is Southminster's month to deliver Meals on Wheels!** Individuals or teams may sign up for the day(s) they'd like to deliver on the kiosk in the Welcome Area. If you have any questions, please call Ellen Riggs at 847.660.4999.

Meals on Wheels supports the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers nutritious meals that enable America's seniors to live nourished lives with independence and dignity.

Get read to gear up for GEM₄ on November 2, 3, and 4, 2018!



GEM₄ weekend begins with dinner on Friday evening, where everyone gathers to learn about the following day's activities. We then enjoy breakfast at the church on Saturday before going off to do much-needed maintenance on local homes owned by low-income and senior residents. Worship on Sunday includes homeowner testimonials and church member experiences.

Southminster members Jean Walker and Sandy Pifer will again be project co-chairs of this wonderful event. Sandy believes, "We are truly spreading God's love to our community." And Jean says, "The people we help are so appreciative and a real joy to get to know." We hope you'll join this amazing Mission Project weekend. For more information, please email Jean Walker at jw13pr4@aol.com or Sandy Pifer at lucille111@aol.com.

Neighborhood Connect

Our newest small group, Neighborhood Connect, is where people meet to talk, get to know one another, and do things together, like going to a summer concert, taking a walk, playing miniature golf, enjoying ice cream, or getting together for a backyard BBQ. Sound different than most church group meetings? Well, it is, because Jesus did things differently. He did things with people: Jesus ate with people; talked with people; shared with people; and journeyed with people through doubts, questions, hopes, and fears.

So, this summer we're following Jesus' lead and asking you to reach out and get to know neighbors in your community, emulating Jesus' way. We want to listen to people, notice people, ask people questions, find common interests with others, and love our neighbors as we do ourselves. There is no pressure to talk about religion. Faith may not even come up in conversation, but it usually does, and if that happens, you do like Jesus: listen, notice, ask, and love. Neighborhood Connect is about friendship, relationships, and trust.

You can sign up on the kiosk in the Welcome Area and be a part of our Summer Socials Series. So, would you be willing to connect with your neighbors sometime June - September by planning a one-time social event with 2-3 people from church along with 2-6 people from your community? It does not need to be a big deal; a small group makes for great conversation.

The purpose of Neighborhood Connect Summer Socials is simple:

- Build relationships in the community
- Find common interests to enjoy together
- Ask questions and learn about people
- Love our neighbors, no strings attached

For more information, email Kathy Erickson Lievph@aol.com.

Sunday Adult Education - Summer Socials Series



If you just read the above article about our new small group, Neighborhood Connect, then you know what Summer Socials are all about! And Summer Socials is the focus of our Sunday morning Summer Adult Education. Join us in the Chapel on Sundays at 11:10 a.m., beginning July 17, for "Summer Stories: Connecting with Neighbors" where we'll share our Neighborhood Connect experiences.

You can sign up on the kiosk in the Welcome Area to be a part of our Summer Socials Series. On Sunday mornings throughout the summer, we'll talk about our experiences of reaching out to our neighbors. Neighborhood Connect emulates the

Arts of Spiritual Conversation by listening to people, noticing people, asking questions, finding common interests with others, and loving our neighbors as we do ourselves. So gather with your neighbors and then share with us on Sunday mornings what you plan to do, what you did, and how we all can become an inclusive community of loving Christians.

For more information about Neighborhood Connect or to sign up online, email Kathy Erickson at Lievph@aol.com.



Growing in Grace Women's Bible Study - Summer Fellowship



Growing in Grace Women's Bible study just wrapped up another great year by concluding their five-week study, *First Corinthians Living Love When We Disagree* by Melissa Spoelstra. A wonderful group of over 20 women learned and discussed how we can live out Jesus' call to love others, even when their ideas differ from our own. And we saw a lot of familiar friends and some new faces too. As always, Growing in Grace invites women of all ages and religions to share and learn as we investigate God's word.

We will return to our Bible study schedule after Labor Day, but in the meantime, **all women are invited to join us for food and fellowship this summer** at Egg Harbor Café, 140 E. Wing Street (in the strip mall on the NW corner of Arlington Heights Road and NW Hwy). We hope you can come to one or more of these gatherings:

Tuesday, June 26 at 10:00 a.m.

Tuesday, July 31 at 10:00 a.m.

Tuesday, August 28, 10:00 a.m.

No RSVP necessary. Just bring yourself, your appetite, and join the conversation! If you have questions, please email Kathy Erickson at lievph@aol.com.

Stephen Ministry as Outreach

Did you know that Stephen Ministers care for people outside the congregation? Yes. Stephen Ministers often provide care for people in the broader community, enhancing and expanding a congregation's outreach in a powerful way.

Since 1975, Stephen Ministry has been recognized as an extremely effective way to care for congregation members who are hurting—but this ministry is also a powerful outreach tool. Stephen Ministers frequently move out into the community to care for people who do not have a church home.

Do you know of someone who is sick, lonely, or hurting. Would that person benefit from meeting with a Stephen Minister? For more information about Stephen Ministry or to be put in contact with one of Southminster's Stephen Ministers, email Pastor Liz at liz@spcah.org.



When Stephen Ministers provide high-quality emotional and Spiritual care to hurting people who aren't church members, they embody and witness to God's love for these individuals.

Changing Lives Across the Globe

Excerpted from the Bringing Miracles, Inc. website, the following article is an encouraging story from Miracle Victory Feeding Centre (MVFC) that talks about Katie Ruth Thomson, daughter of Southminster parishioners Sue and Jim Thomson, and her journey to Kibera, Kenya, where she has made a considerable investment in the children and staff at MVFC. Read about the impact she continues to make with the help of Southminster.

Jambo (Greetings),

Katie Ruth was introduced to MVFC through her friend Michael who eventually persuaded her that with her talents she needed to go and minister to the school children in Kenya.

Before journeying to the heart of the slum to minister to the teachers and the children in Kibera, Katie Ruth, along with her family and friends, made clothing for the children as well as laminated books so they could learn their ABCs, numbers, and sentences. They also brought new bowls, school uniforms, and posters for the classrooms. While in Kibera, Katie Ruth gave teaching seminars, taught a second-grade class, and fell in love with the school and its staff, who left an indelible mark on Katie Ruth's heart.

Once home, she couldn't just return to her routine and stop caring about the children and staff she'd left in Kenya, so Katie Ruth continued meeting their needs by starting a sponsorship program in partnership with Bringing Miracles. This program provided for the needs of 20 children as well as other schoolwide needs. But this was only the beginning of a long-term investment in the school. Katie Ruth also held fundraisers, organized clothing drives, and applied for various grants to meet the short-term needs of the children and teachers. In addition, she recently received a \$500 grant from Southminster Presbyterian Church in Arlington Heights, Illinois, as well as a \$700 grant from Prince of Peace Lutheran Church in Palatine, Illinois, and has requested that people donate to Bringing Miracles instead of giving her birthday gifts. In total, Katie Ruth has raised over \$1900 in recent months to assist MVFC with their short-term needs. But she also has a mind for the future of the school. From the Rotary Club of Arlington Heights, Illinois, she recently received two scholarships to send two teachers from MVFC to college.

Katie Ruth will return to Kibera this summer and plans to meet with the Rotary Club in Nairobi to see if they will work with Bringing Miracles to help meet the school's needs. Her efforts—educating the teachers and getting national assistance—are making strides toward the school's independence.

We are thrilled with all that Katie Ruth has done for MVFC, and we know that God has orchestrated all these things. He's given Katie Ruth passion for this ministry and love for the kids and teachers. He's given her the ideas to pursue different avenues of assistance. She's simply obeying the Lord as he directs her steps. Katie Ruth and Bringing Miracles want to see a difference in the lives of the children and staff at MVFC and beyond. We ask for your prayers and God's intervention as our work continues—that these children and teachers would come to know the love of Jesus Christ for all his people.



Katie Ruth's trip to Africa, partially funded by SPC's Mission Possible.

Bringing Miracles is a non-profit organization that establishes community relationships among the impoverished. The teachers, staff, and volunteers at Bringing Miracles all love and serve God. They proclaim the good news of Jesus Christ and embody his love while fulfilling their mission as teachers.

Miracle Victory Feeding Centre is a refuge providing provisions for some of the most vulnerable children in the Kibera community. As a part of the non-profit organization Bringing Miracles, Inc., MVFC recently finished building a two-story facility, which provides more classrooms and a better learning environment for children in Kibera, Kenya. Besides offering children food and a healthy environment, MVFC believes that a good education is important and contributes to a child's confidence, motivation, and success as an adult. These children have faced tragedies and have no real home-life. This makes the teachers a vital part of the children's success.

For more information about Bringing Miracles and MVFC, or to donate to the organization, visit <http://bringingmiracles.com/>.

TIME TO BREAK OUT THE ARGYLE

The 2nd Annual Dr. Joseph C. Morton Scholarship Golf Outing

All proceeds from the event will help fund this scholarship.



The **Dr. Joseph Chandler Morton Memorial Scholarship Fund** was established by the family and friends of Dr. Morton to help support and enable High School Senior students to attend an accredited undergraduate college or university of their choice. Dr. Morton valued higher education not just to enable students to pursue a professional career but more importantly to become well-rounded individuals.

This fund has awarded **\$12,500.00** in scholarships over the past 4 years. Past recipients have attended the University of Illinois, University of Kentucky, University of Iowa, Hillsdale College, Loyola University – Chicago, Vanderbilt University, Taylor University, and Saint Louis University.

Date

Friday, June 29th, 2018

Location

Old Orchard Country Club
700 W. Rand Road
Mt. Prospect, IL 60056

Amenities

Riding cart, locker rental, bag drop, greens fee, and driving range

Check-in

11:30 am

Shotgun Tee-Off

12:30 pm

Lunch

Hot dog, chips and drink included

19th Hole

Cash bar and food available for purchase

Cost

\$110 per golfer • \$440 per foursome

Cut and return form with payment



THE 2nd Annual Dr. Joseph C. Morton Scholarship GOLF OUTING

_____ Golfer(s) at \$110 each = \$_____ Includes 18 holes of golf with a riding cart and lunch provided.

Name: _____ Name: _____

Phone: _____ Phone: _____

Email: _____ Email: _____

Name: _____ Name: _____

Phone: _____ Phone: _____

Email: _____ Email: _____

TOTAL AMOUNT: \$ _____

Make checks payable to **Rich Morton, C/O Dr. Joseph C. Morton Scholarship Fund** and mail by June 11th to:
Rich Morton • 2648 N. Douglas • Arlington Heights, IL 60004 847.204.9090 • rmorton62@comcast.net

SOUTHMINSTER PRESBYTERIAN CHURCH

FAMILY NIGHT OUT

SATURDAY, JULY 21, 2018 @ 6:00 P.M.

- **Postgame fireworks!**
- **Everyone runs the bases!**
- **FREE PARKING!**
- **Open to all players, friends, and family**



\$9.00 TICKETS
ORDERS DUE BY JULY 13, 2018

Please fill out this form and return it to the church office with your check payable to Southminster.

Questions? Contact Garland at 847-226-6539 by July 13th

Name: _____

Name to put under: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____ Phone: _____

_____ # of Box Seat Tickets to Southminster Presbyterian Night @ \$9/ticket = _____

_____ # of food vouchers (hot dog, chips, and soda) @ \$5/voucher = _____

_____ = _____

Total Payment Enclosed = _____

Method of Payment: Check (payable to Southminster Presbyterian Church) OR CASH

BOOMERSBASEBALL.COM 847.461.3695

There's Still Time to Sign Up for Musical Theater Summer Camp

Southminster is hosting two Musical Theater Camps this summer led by Setting the Stage Children's Theater. Spots are limited, so get your registration in early. See below for camps and visit our website at www.spcah.org for more information about Setting the Stage.

Medley of Hamilton Bootcamp:

5th through 11th graders are invited to be a part of The Medley of Hamilton Bootcamp, a Setting the Stage camp production from 6:00 p.m. – 8:00 p.m. Monday, July 9 through Friday, July 13. Kids' performance is Friday, July 13, from 6:00 – 8:00 p.m.

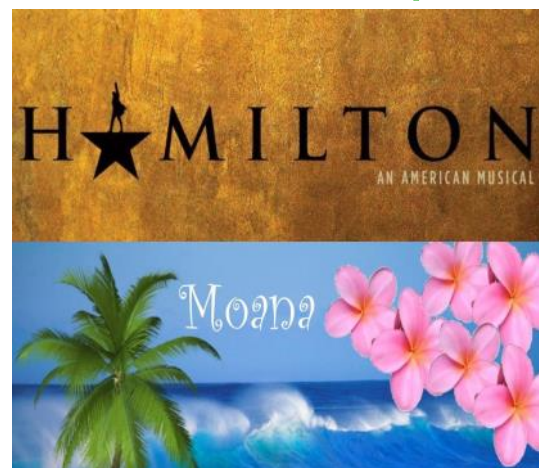
- \$140
- Southminster member = \$90

Moana Medley Bootcamp:

Kindergarten through 5th graders are invited to be a part of Moana Medley Bootcamp, a Setting the Stage day camp production from 9:00 a.m. - 12:00 p.m. Monday, July 30 through Friday, August 3. Kids will perform a 30-minute show during worship at 10:00 a.m. on August 5.

- \$150
- Southminster member = \$65
- Lunch add-on: 12:00 to 1:00 Tuesday – Thursday = \$30 for all 3 days

To sign up for Medley of Hamilton or Moana Medley Bootcamp, go to www.spcah.org



IRISH TENOR
EMMET CAHILL
SPECIAL GUEST: The Irish Heritage Singers

LIVE IN CONCERT

FIRST PRESBYTERIAN CHURCH OF ARLINGTON HEIGHTS
ARLINGTON HEIGHTS, IL

SUNDAY, JUNE 17, 2018
4:00 PM

\$30 GENERAL ADMISSION
\$45 CONCERT AND MEET & GREET (STARTS 2:30 PM)

PURCHASE TICKETS AT
EMMETCAHILL.COM

Enjoy a Father's Day Concert

Enjoy a performance by Emmet Cahill, award-winning Irish tenor and a principal singer with the popular Irish music show Celtic Thunder.

First Presbyterian Church of Arlington Heights
Sunday, June 17 at 4:00 p.m.

It'll be a wonderful afternoon of songs and stories with the Emerald Isle's most exciting young entertainer! What a wonderful Father's Day gift for the music-loving Dad!

Song selections include "Danny Boy," "When Irish Eyes are Smiling," "Wild Mountain Thyme"; Broadway and movie favorites "Bring Him Home," "Moon River"; and hymns "How Great Thou Art," "Be Thou My Vision."

Tickets may be purchased online at <http://www.emmetcahill.com/tour-dates/> or at the door. To receive a 10% discount, use code IRISHANDPROUD (all caps) when purchasing tickets online.

First Presbyterian Church of Arlington Heights is located at 302 N. Dunton Avenue.

Text Your Offering



Are you looking for a convenient way to keep up with your church offerings? Did you know that you can give your gift right from your phone? **Just text 73256, type SPCAH, and press Send.** The reply text you receive will provide a secure link where you can enter the amount of your gift. Yes, it really is that easy!

You can also give a **gift from your home computer by visiting <https://secure.accessacs.com/access/memberlogin>**. Just enter your email, create a password, and click Sign Up. You will be directed to a secure website where you can give your gift, choose a future time to give your gift/offering, or schedule recurring dates and times when Southminster will receive your gifts/offering. You can also access Online Giving from our website at www.spcah.org by clicking on the About tab along the top of the Home page and choosing Online Giving.



WANTED: Part Time Bus Drive

If you are looking for a great place to work, look no further than the Moorings in Arlington Heights. We are a wonderful, long-term care community with great residents, a wonderful staff, and a job that has purpose.

Interested? Apply today at presbyterianhomes.jobs or call 847.956.4457 and leave us a message. You must have or be willing to get a CDL License.

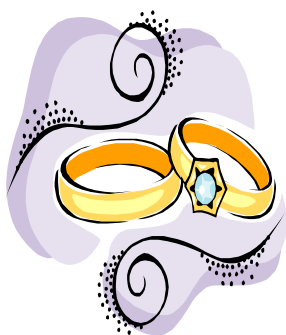
Care Ministry / Deacons of the Month

Every member and friend of Southminster is assigned to a parish, which is overseen by two deacons. Deacons can bring meals to you when you're sick, help provide transportation if needed, pray with you about a concern, or connect you with other resources at the church. Please call the deacon of the month who can connect you with our caring ministry and your deacon. **Tom Manusos is your Care Ministry / Deacons for June.**



Tom Manusos
847.255-9348

For Your Marriage:



Learn 5 Ways to Give the Gift of Words

Gift of Words #1 – Compliment Your Mate Inside and Out

There are two types of compliments: those that address a person's outer appearance and those that address a person's inner character. Surprisingly, our research shows 84% of people prefer to receive a character compliment as in, "You are an incredibly kind person," over a comment like "Your hair looks great." Start sharing character comments with your honey today.

To continue reading this article, click here to visit <https://spcah.org/for-your-marriage/>